

☺ WELCOME ☺

1. Book review
2. True story
3. Working with Crystal Power by Jan Corrin—Cosmic Rainbow
4. **QUIZ**—'Win a CD' competition—**Entries close 25 Feb 2005**
5. Visualise Ley Lines—Roseline Deleu
6. Feng Shui and Life Coaching—Viv Lambert-Smith
7. The biggest Ba Gua ?- Roseline Deleu
8. Good Value—Roseline Deleu
9. The effects of Feng Shui into my Life—Evelyn Cowled

Please submit your article, comments or contribution to roselinedeleu@hotmail.com before 1 February 2005 to prepare the next issue. Thank you.

1. 📖 **BOOK REVIEW** 📖

"Light Body" Vision of the Human Aura
by Lesley Crossingham

Lesley Crossingham is a clairvoyant artist and teacher who has been drawing spiritual energies since the age of seven. *Light Body* is Lesley's second book and in this amazing account she reveals her own early years living with uncanny gift to see and to communicate with the spirit world. In this book you will learn to see, feel and sense the aura. Understand the colours, shapes and gain a deep understanding of your own soul from one of the world's leading authorities on spiritual awareness. Visit Lesley's website www.lesleycrossingham.com
Order her book through www.wise-mens-web.com or www.happyology.com

Your story

This is your space! Write and share your story with the rest of the world. Don't be shy and email me NOW.

Try to illustrate it with a photo if possible.

2. TRUE STORY

A new job !

I had been looking to change jobs for some time and had bought a clear faceted ball crystal to hang in my 'Career' area. It was actually hanging on the mirror I check my appearance in each day before I leave for work. I must admit that even though I'd been canvassing with other professionals in my field there didn't appear to be any jobs going, so I started to doubt whether the crystal was helping at all.

Finally one morning I woke up, got ready for work, and when I looked in the mirror before leaving I picked up the crystal in my hand and said to it : "I'm going to be offered a job today'. It was almost a whim rather than a foregone conclusion. At about 11am that day I received a call from a friend who said there was a position being offered there and I should call the manager. So I did and I was offered the job.

S.S. Canberra



*Talk to your
crystal—miracles
happen!*

3. WORKING WITH CRYSTAL POWER

Every crystal has its own individual energy and you will be attracted to the right one for you; so always allow your intuition to guide you.

When choosing your crystal you may know immediately which one is calling you or you may need to hold it and feel the reaction you have to it. Often the kind of crystal you had in mind is not the one you end up choosing when you let your heart take control.

Crystals are capable of receiving, storing, transmitting and reflecting light energy and through the energy of our auras we are able to interact with the energy of the crystals. When you place a crystal in a room you will receive some of its energy each time you enter the room.

As the room is filled with subtle energy vibrations, crystal vibrations also mingle with these and can change the atmosphere in the room. An amethyst cluster (small crystals together on a base) will bring harmony in the room and purify the vibrations. You can stand it anywhere in the room for this.

Because of this interaction process, your crystals will become in tune with you so it is important to clear a new crystal to release its previous connection and leave it free to become truly yours.

This can be done by washing it under running water and placing it on the earth for a few hours or by visualizing white light flowing through it to cleanse it.

Once you have cleansed your crystal, carry it around for a while so it can become attuned to you and you can ask it to help you in whatever specific way you wish to use it. This is called programming it.

Crystals are grouped according to their specific energy patterns and have their own purposes. This can be read about in books on crystals—an easy one to learn from is *"Crystals—Pocket Guide to Natural Healing Powers"* by Mariann George.

In Feng Shui you are taught suitable colours for the different areas of your rooms. You can place crystals of the same colour in that position and they will strengthen the energy of that area. Find out more on the interactions of each mineral in Roseline Deleu's book *"Your First Easy Steps to Feng Shui"*. Both books are available for purchase at the Cosmic Rainbow—see details below.

By learning a bit more about crystals you can have a deeper understanding of what you need to bring balance and harmony into your world.

Jan Corrin

Jan runs workshops on Crystals on a regular basis at Cosmic Rainbow.

Cosmic Rainbow

5 Hall Street—Lyneham ACT
(02) 6248 5226



Amethyst Clusters



Rose Quartz
will enhance Love

4. Quiz

Win a CD - Competition

CONGRATULATIONS

TO our winner of last newsletter competition : Karien Coeckelberghs from Marke (Belgium) receives the French CD version "Vos Premiers Pas Faciles en Feng Shui".

New QUIZ

How can your Feng Shui ideas re-balance this kitchen?

Email your answers with your ideas and explanations to roseline@fengshuisteps.com to enter the draw and win Roseline Deleu first book 'Your First Easy Steps to Feng Shui' on CD.

Entries close 25 February 2005.

Draw 28 February 2005.

The Winner will be announced in the next 1st March 05 newsletter.



How can your Feng Shui ideas re-balance this kitchen ?

5. VISUALISE LEY LINES



Ley lines

Dowsing is part of my Feng Shui consultations.

When I suggest a new bed position or a change in the office, it is always based on the energy fields running in the place. While ley line energies are suitable for spiritual purposes, it is not wise to live on top of them.

This geopathic stress can be represented like a criss-crossing of lines which have electromagnetic properties. As a picture replaces a thousand words, I chose to illustrate this with two photographs I took while walking at Pebble Beach (NSW).

Roseline Deleu
☎ 0412 717 454

6. FENG SHUI & LIFE COACHING

I am assuming that if you are reading this newsletter you have an interest in, and some understanding of, Feng Shui principles. At some level you accept Roseline's description of Chi as being cosmic breath or energy.

In her first book *'Your First Easy Steps to Feng Shui'* Roseline Deleu says Chi is 'a motivating force that animates all things'. You'll understand it is Universal, and it is Personal. Chi flows fast and slow, it flows in straight lines (Sha Chi), and it bends and spirals, it inflates and deflates. On a personal level our Chi is our life essence - our power. When our Chi is moving freely we feel upbeat, positive, healthy and ready for action, at other times it slows and we feel flat and lethargic, sometimes it gets held in our bodies and we feel the blockage as disease or sickness.

I first met Roseline about nine months ago when she assisted us in setting out our new home. As she applied the Feng Shui principles, I realised that these correlated very closely with the understanding of life I bring to my clients as their Life Coach.

Life Coaching is about learning how to stay focussed on your dreams and in the gentle flow of your life energy, so you meander around problems and obstacles and create the life you truly want.

When you apply Feng Shui principles to your home, Chi flows happily in your front door and softly meanders; it circles and embraces beautiful objects, plays in the warmth of sunlight and gentle music. It gathers speed, and it slows. It dances. So, when we understand how to use our own Chi, our lives can dance.

Have you applied Feng Shui cures and slowed Sha Chi energy on sharp edges? Have you learnt how to deflect poison arrows in your home? Have you ever de-cluttered a room and felt the difference? With Roseline's suggestions and encouragement it is not difficult and, as I'm sure you've learnt, results can be instant.

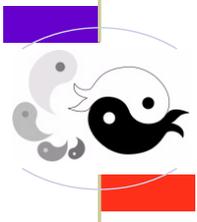
- What about your own Chi?
- Is your life flowing happily in a direction that inspires you?
- Have you learned how to take the sting out of poison arrows that aim for your heart?
- Do you have a cure for the sharp angles: the stresses and problems that drain your energy and cause conflict?
- Do you know where you're going, and are you sure you'll get there, or will you once again trip over the self-talk that clutters up your mind?
- Are your Life Goals, 'New Year Resolutions' that die in February?

Roseline has dedicated her life to understanding and sharing her learning on how we organise our external environment to allow Chi to flow freely and healthily.

For many years, whilst working as a Probation Officer, a Social Worker, a Counsellor, a Personal Development Trainer and a Life Coach, my quest has been to understand how our personal, internal, Chi flows. To understand what causes blocks and what assists our health and happiness. As a Life Coach I work with you to identify your dreams, uncover and change the beliefs that limit you, help you understand how your life aligns with your values, and show you how to break destructive cycles. You'll learn how your Chi flows, what slows it, how to clear energy blocks and heal. Most importantly of all, you'll learn how to stay in the flow and dance with Life.



If you'd like to know more give me a ring,
I'd be very happy to talk to you.
Viv Lambert-(02) 6284 4841



7. THE BIGGEST 'BA GUA' ?



One of my Feng Shui students visited Thailand a few months ago. She did take a couple of shots of this huge Ba Gua.

Let me share some thoughts about its use...

A Ba Gua is a very powerful tool in Feng Shui and has to be used outdoors only. It protects and also deflects bad energies.

In this case, this building position is at the poison arrow intersection of 5 main roads.

My personal impression is that the Ba Gua protected indeed the building (as well as the protecting rail did) BUT it deflected the energy into the road intersection and therefore encouraged accidents.

Roseline Deleu 0412 717 454



8. GOOD VALUE

I always wanted to have something big that would represent what I am doing and who I am.

Having a picture of me seems difficult as I tend to change hair style too often and most of the time do not look like my picture.

As my first book 'Your First Easy Steps to Feng Shui' is selling well, I decided to have its book cover for my new business cards and a poster.

I discovered that the ANU School of Art in Canberra offers a printing service on either paper or canvas. Look at the beautiful canvas they printed for me and at a VERY reasonable price!

Call Louisa or Peter (02) 6125 1099 or email inkjet.lab@anu.edu.au
As every other school they will re-open in February 2005.

Roseline Deleu



9. THE EFFECTS OF FENG SHUI INTO MY LIFE



Encourage
meandering Chi

After celebrating Christmas with my family in America in 2000, I came back to Canberra feeling lost again. I could not make this place as my own place. I have reading all the junk mails that I received, when the Brain Gym Newsletter came out. I was reading it and asked what can I do this time. With my neck and arm problem I did not want to sit and do a lot of typing. I could not concentrate as a result of the accident I had in 1996.

My husband and son suggested to me to join Feng Shui class. Not knowing what it is, I decided to join the class of February 2001. As it turned out, Feng Shui was not a new field to me. We have been practicing this field in my country since I was a little girl. We would say the word similar to the Chinese way. The class conducted by Roseline Deleu was very interesting. I met new people with the same interest. I was very keen and had put into practice every topic that we discussed every week, all the nine numbers.

There was one thing that stayed with me for a long time after my Feng Shui classmates and Roseline came to my house. Roseline used my garden and house as an example of what could be done to improve the energy in my house and surrounding. Within days of applying the Feng Shui suggestions of Roseline, events started happening. My daughter in Japan finally decided what she would do. My son's attitude has improved and my husband was in line for a promotion.



Symbol of Love in
your Sector '2'

Roseline suggested to arrange my garden so that I would feel that I belong to this place. With my big backyard, landscaping was very expensive. It took one year thinking, reading and preparing my garden the Feng Shui way. Finally, I found a landscaper and designer who were willing to work with me. I told him that I would like to apply Feng Shui in and around my house without having to face a too expensive landscaping. During the meeting, the landscaper put my idea into drawing board measuring the whole backyard and the slope of the garden. I contracted their company to do my new garden. Everything worked out very well and it was even ready the day before my daughter got getting married on Christmas Eve.

Looking at the missing part of my life, the pieces started joining together. My backyard done, there is tranquillity in my life. I was so proud of my achievement with the help of the builder/landscaper. Watching the garden from the different part of the house made me smile. I enjoyed watching the plants grow.

Then sometime in early 2002, I saw an advertisement about being a financial consultant. I read it and asked myself if I know anything about finance and said no. Then I saw the same advertisement three months later. That time I did not hesitate and made an appointment. Now I have been doing this job for almost two and a half years. I learned the hard way and now can speak with more authority. I cherished the time of being able to help people who were just like me did not know other options on how to make themselves financially independent.



Including an octagon
in your design will
always increase Chi
in that area.

To summarize the effect of Feng Shui in my life, it has changed after doing every square in my house and my garden. My relationship with my husband who was travelling almost 4 to 5 times a year for 6 weeks each time has improved. He had a promotion and now does not travel as much. My daughter who was uncertain of her career is now a Tax Consultant working in Japan and happily married. My youngest son is still studying in Sydney while my eldest who had up and downs is now doing well with his insurance agency in America. My career prospects improved. I travelled a lot and have made many friends (and hopefully few enemies) with my career.

Evelyn Cowled

N.B. Evelyn is now ready to teach Feng Shui classes and will take over Roseline's weekly evenings courses at the Brain Gym in Woden.